

BEHAVIORAL HEALTH

ADULT INTENSIVE OUTPATIENT TREATMENT PROGRAM



START YOUR ROAD TO RECOVERY NOW

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Rio Grande
ATP, Inc.

*Una Vida Buena y Sana
A Good and Healthful Life*

Program Overview

0.5 – Early Intervention & Prevention Services

Clients will gain knowledge in the dangers of misusing drugs and alcohol.

Level I – Outpatient Services

Clients will work one-on-one with a Licensed Drug & Alcohol Counselor to develop a treatment plan individualized for their specific needs to achieve and maintain sobriety.

Level II – Intensive Outpatient Services

Clients will attend nine hours or more of treatment weekly to include three days a week of Intensive Group Therapy with a Licensed Drug and Alcohol Counselor. Clients will attend Matrix Model and other evidence based group programs that will provide clients with tools to achieve and maintain sobriety.

Other Available Services offered:

Grief & Loss Workshop – 1.5 day workshop on understanding the loss & grief process and learning tools to help you work through the grief process.

AIM Program – Intensive Motivational workshop on creating and working towards short and long term achievable goals.

Emotional Healing Lecture – Monthly 2.5 hour lecture(s) on a variety of Emotional Healing Topics.

No Cost for Services: Medicaid Accepted (no-copays) and Financial Assistance if you do not have insurance.